

Join a Dementia Course for Carers:

When?

Ask at reception or contact us for the next start date. Booking is essential.

The course usually takes place on Friday afternoons from 10.00am - 4.15pm. Refreshments and a light lunch is provided.

Where?

The RICE Centre, Royal United Hospital, Bath.

Feedback:

"Thank you for putting on this course. As I embark on this journey this has been very helpful."

"This course is fantastic. Really helpful, thank you."

"An excellent day and remarkable there is no cost to attendees"



We also provide support courses for people living with dementia, such as Cognitive Stimulation Therapy and our 'Living Well with Dementia' course.

About RICE

RICE exists to lead and collaborate on essential research and service delivery to improve the health and find effective treatment for those impacted by dementia and other related conditions.

RICE is an independent charity (1042559). We are commissioned by the NHS to provide the Memory Clinic for Bath and North East Somerset

Some of our clinical trials are carried out in partnership with pharmaceutical companies; however we raise all funding for our academic research.

We also fundraise for the support services we provide free of charge to patients, carers and families.

We produce a RICE Newsletter which includes information about our research, support services and fundraising activity. A contact form is provided with your clinic paperwork.



The RICE Centre
Royal United Hospital
Combe Park
Bath, BA1 3NG

Tel: 01225 476420

Fax: 01225 463403

info@rice.org.uk

rice.org.uk



Course for Carers at RICE

This leaflet contains information about a course specifically designed for carers of someone with dementia, to introduce them to a range of support services and advice.



RICE is a registered charity in England and Wales (no.1042559)



Caring for People with Dementia

Caring for someone living with dementia can be stressful. It is important to know about the variety of support services in your area that you can call on when times get tough.

At RICE we hold regular regular one-day courses at our centre in Bath to allow you to learn more about dementia and where to turn when you need help.



A range of experts are invited to share advice and then carers are given the chance to ask questions. The topics often include legal tips for carers, local services available and learning more about dementia as a disease.

The course also offers an opportunity to connect with others in a similar situation. These courses are free and run regularly through the year.

What Does the Course Involve?

The Dementia Course for Carers runs for one day at regular intervals throughout the year. Here is an example of a recent Dementia Course for Carers programme:

Topic	Expert Speaker
Legal Tips for Carers	Stone King Solicitors
Day Centre Support: For Carers and Families	Peggy Dodd Day Centre
Services Available in Bath & North East Somerset	Age UK, Bath and North East Somerset
Who Cares for the Carer?	The Carer's Centre
Dementia Support Worker Services	Alzheimer's Society
What is Dementia?	RICE Memory Clinic Consultant

Learn about:

The cause of memory problems

How diagnosing a memory problem works

Problems associated with memory impairment

Simple strategies to help care for a person with a memory problem

Legal aspects of being a carer

Roles of different professional staff

Local services and benefits available

