

## Research at RICE

RICE patients have the unusual benefit that we run a full research programme into problems of ageing, particularly memory loss.

You can volunteer to be part of one of our research studies, which may involve ongoing contact and regular check-ups outside of the Memory Clinic setting.

*"Les and I first became involved with the RICE Centre in 2015 following his referral by our GP and have returned many times over the years for memory assessments and for Les to take part in a research study.*

*We have always found their staff to be very helpful and caring. We are so grateful for their kind support, they feel like members of our family and we are happy to support their much-needed research into dementia treatment."*

*Margaret, 2022*



## How we use your information

If you choose to participate in research or clinical trials at RICE, we will hold information about you. We will only share your information with people involved in your treatment or care when you have given us your consent to do so, or where there is a legal obligation to do so. We will explain to you how your information will be used and stored when you sign up for research and provide you with a copy of our privacy notice.

## About RICE

RICE exists to lead and collaborate on essential research and service delivery to improve the health and find effective treatment for those impacted by dementia and other related conditions.

RICE is an independent charity (1042559). We are commissioned by the NHS to provide the Memory Clinic for Bath and North East Somerset

Some of our clinical trials are carried out in partnership with pharmaceutical companies; however we raise all funding for our academic research.

We also fundraise for the support services we provide free of charge to patients, carers and families.

We produce a RICE Newsletter which includes information about our research, support services and fundraising activity. A contact form is provided with your clinic paperwork.



The RICE Centre  
Royal United Hospital  
Combe Park  
Bath, BA1 3NG

Tel: 01225 476420

Fax: 01225 463403

[info@rice.org.uk](mailto:info@rice.org.uk)

[rice.org.uk](http://rice.org.uk)



# The RICE Memory Clinic






Welcome to the Memory Clinic at the RICE Centre, a purpose-built clinic with its own car park in the grounds of the RUH. Our service is run by a specialist team of doctors, nurses and psychologists.

RICE is a registered charity in England and Wales (no.1042559)



## Aims of the Memory Clinic

-  To conduct an in-depth assessment of your memory and thinking.
-  To make a diagnosis and offer treatment where appropriate.
-  To provide advice and information, and put you in touch with other services in the community which can help you.

## What to expect

Your first appointment with us will last about one and a half hours. It may be with a doctor, a nurse or a psychologist, depending on the referral information provided by your GP.

We will assess your memory and thinking by asking a series of questions. We will ask you about your memory and thinking. If you agree, we will also spend some time with the person who accompanies you to get a full idea of the difficulties you are experiencing.

Our building is fully accessible. We can provide hearing loop technology and large print materials.



## What to bring

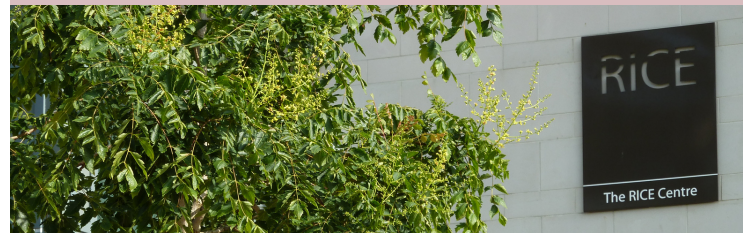
- 1** Please bring a relative or friend who knows you well.
- 2** Your reading glasses and hearing aids if you need them.
- 3** A list of your current medication and the completed paperwork that we sent you.

## How to find us

The RICE Centre is on the site of the Royal United Hospital (RUH) in Bath. We have a small car park that you're welcome to use when you visit, subject to availability. There are two disabled bays in the car park. Enter the site via gate 3, on Penn Hill Road (sat nav: BA1 4ED).

Contact us if you need extra copies of the map, or you can go online to:

<https://www.rice.org.uk/about-us/how-to-find-us/>



## Public transport

The RUH is around 1.5 miles outside the centre of Bath. Buses 4, 4a, 4b and 20 run between the city centre and the RUH. Please note that the buses arrive at the main hospital entrance; allow 15 minutes to walk to RICE.

Visit [www.ruh.nhs.uk/finding/public\\_transport.asp](http://www.ruh.nhs.uk/finding/public_transport.asp) for further information about public transport

## Diagnosis

We often make a diagnosis of a memory or thinking problem on your first visit. Sometimes we need to organise follow-up testing or scans. The person that you see will explain this at your appointment. We will also send you a copy of the letter from the clinic visit so that you can read this at your leisure.



## Treatment and advice

Some memory problems such as Alzheimer's disease are suitable for treatment with medication, which we can prescribe if indicated for you.

All memory problems can be helped by lifestyle factors. We have extra support courses available for patients and carers to help you live as well as possible. We can also provide advice on accessing services in the community.

## Discharge

We will monitor any medication that we prescribe until you are on the optimum dose. Once this has been achieved, we will discharge you from routine follow up, back to the care of your GP. We can see you again in the future if your GP thinks we can help.